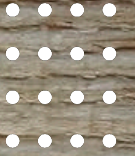


# **TDMHSAS Supportive Housing Programs**

**Neru Gobin**  
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# OUR MISSION:

Creating

***COLLABORATIVE  
PATHWAYS TO***

***RESILIENCY,  
RECOVERY, and  
INDEPENDENCE***

for Tennesseans living with mental illness and  
substance use disorders

# OUR VISION:

***A STATE***  
of resiliency, recovery,  
and independence

***IN WHICH***

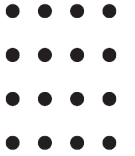
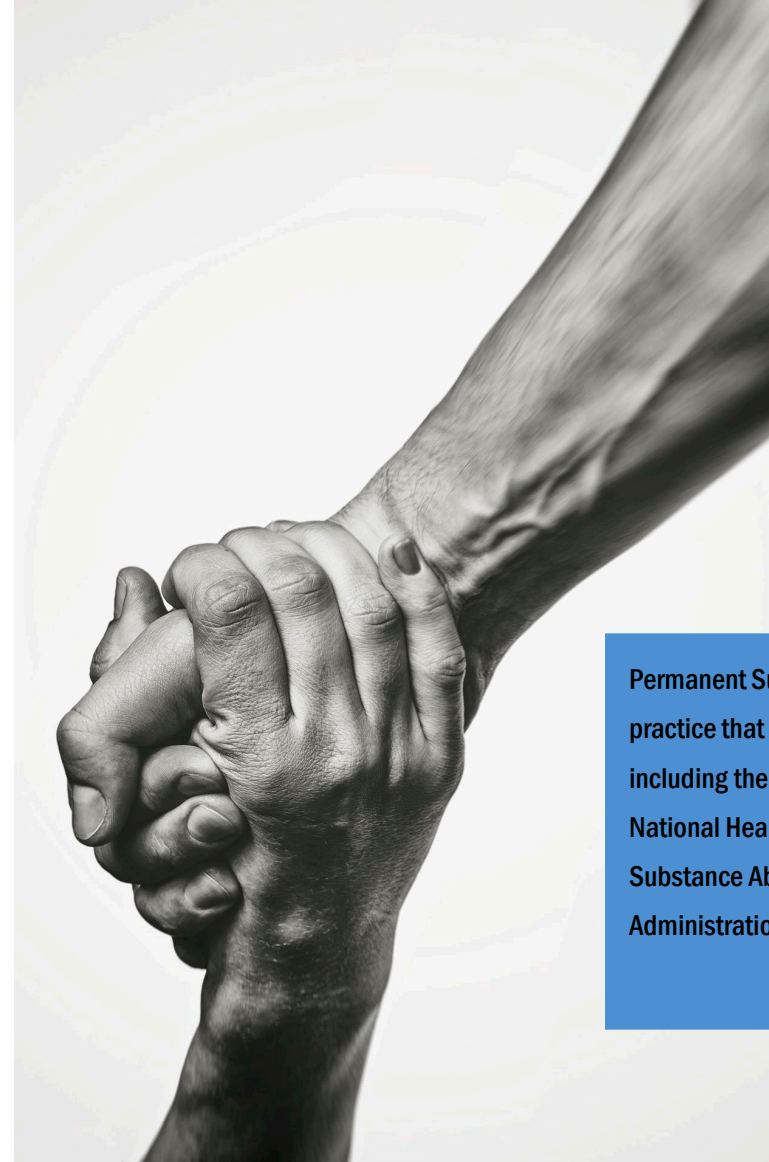
***TENNESSEANS***

living with mental illness  
and substance use disorders

***THRIVE***

# Supportive Services is Critical to Resiliency, Recovery, & Independence

- Increase in housing retention/permanency
- Reduction in behavioral health crises
- Reduction in psychiatric hospitalization
- Reduction in substance use relapse
- Reduction in recidivism & justice involvement
- Increase in overall health & wellness
- Increase in employment potential
- Increase in goal setting & goal achievement
- Increased contribution to the community
- Reduction in homelessness



Permanent Supportive Housing is an evidence-based practice that is endorsed by several reputable organizations, including the US Interagency Council on Homelessness, the National Health Care for the Homeless Council, and the Substance Abuse and Mental Health Services Administration (SAMHSA).



## 2+ Decades of Success

More than **32,000** housing opportunities created and more than **\$992 Million** leveraged since 2000

## An Innovative Model

CHI uses initial state investment to leverage federal, local, community, foundational, etc. sources for people living with mental health challenges and co-occurring disorders.

## Expanding to New Populations

New recurring state investments totaling \$6.6M have expanded CHI 2.0 to addiction recovery (FY20) and CHI 3.0 reentry populations (FY22).

# Creating Homes Initiative



The CrossBRIDGE Connection Center in Nashville funded by CHI, Amazon, and city dollars.

The Creating Homes Initiative was started in 2000 by current Commissioner Marie Williams with support and leadership from then-Commissioner Elizabeth Rukeyser.





### **FY20: CHI 2.0 - \$3,000,000 Recurring**

New funding in the FY20 budget expanded the original CHI model to support the needs of people in recovery from substance use disorder, especially opioids.

### **FY22: CHI 3.0 - \$3,583,400 Recurring**

New funding in the FY22 budget expanded the CHI model yet again to support the needs of people re-entering communities after incarceration



Kirkland House at Aspell Recovery in Jackson was one of the first projects funded under CHI 2.0.

## **Lee Administration Investments**

TDMHSAS has successfully expanded the Creating Homes Initiative model to new populations in recent years with support of Governor Bill Lee and the TN General Assembly.



## **Creating Affordable Housing**

Infrastructure costs for development of new housing for people experiencing mental illness and/or substance use disorders.

### **CHI 2.0**

Infrastructure & operational costs to establish new housing for people living with substance use disorder, in particular opioid use disorder.

### **CHI 3.0**

Infrastructure & operational costs to establish new housing for people living experiencing mental illness and/or substance use disorder who re-enter the community from prisons or jails.



## **Grant Funding Opportunities**

These opportunities aim to develop & expand the number of safe, affordable, and quality permanent supportive housing options for Tennesseans living with mental illness and/or substance use disorders.

# Community Supportive Housing

- Permanent supportive housing
- Serves Tennesseans diagnosed with mental illness and co-occurring disorders
- Wrap-around support services include peer recovery support, life skills development, community engagement opportunities, and access to supported employment services.

By The Numbers - Bed Capacity (832)

Region	# Sites	# Beds
1	13	118
2	6	60
3	12	114
4	19	110
5	7	74
6	14	129
7	15	227

The Community Supportive Housing program includes housing developed through the original Creating Homes Initiative (“CHI 1.0”).

# Supportive Recovery Housing

- Permanent supportive housing
- Array of recovery services to support the substance use, including opioid use, recovery of adults in Tennessee.
- Quality recovery support services include case management, drug testing, recovery skills development, relapse prevention, peer recovery, supported employment, and community engagement.

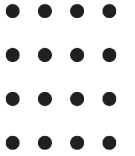
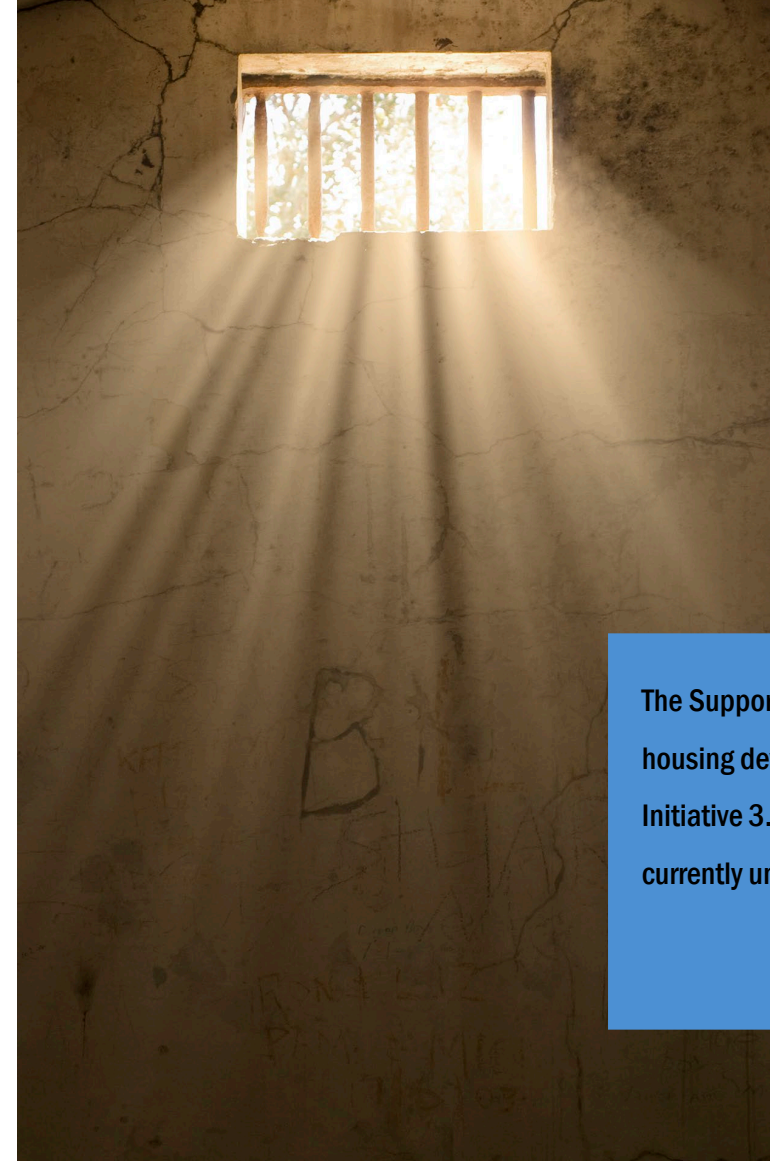
By The Numbers - Bed Capacity (182)		
Region	# Sites	# Beds
1	1	10
2	3	57
3	-	-
4	3	76
5	2	27
6	1	12
7	-	-

The Supportive Recovery Housing program includes housing developed through the Creating Homes Initiative 2.0 (CHI 2.0) grant. More projects are currently under development.



## Supportive Re-entry Housing

- To serve Tennesseans experiencing mental illness and/or substance use disorder who re-enter the community from prisons and jails or have been previously incarcerated.
- Permanent supportive housing
- Quality recovery support services may include recovery & life skills development, recidivism prevention, peer recovery, supported employment, and community engagement.



The Supportive Re-entry Housing program includes housing developed through the Creating Homes Initiative 3.0 (CHI 3.0) grant. New projects are currently under development.

# Intensive Long-term Support (ILS)

- Long-term housing with enhanced wrap-around support services
- Community housing opportunities for people discharging from the state’s Regional Mental Health Institutes after extended hospitalization stays.
- Individuals served would otherwise not be able to successfully live in the community due to the lack of available housing with the capacity for support to meet their specific needs.

By The Numbers - Bed Capacity

Region	# Sites	# Beds
1	2	16
2	1	12
3	6	53
4	1	18
5	-	-
6	-	-
7	1	14

ILS services include psychiatric nursing support, personal care services, training in community living skills, vocational skills, and/or socialization. Two additional ILS sites are currently under development.

# Supportive Living

- Licensed Mental Health Supportive Living facilities in 11 counties
- Eligible to apply for \$2.00/day support per eligible individual for up to 30% of eligible residents at each facility.
- Supports the financial viability and, therefore, availability of these housing opportunities for people with a history of mental illness or co-occurring disorders.

By The Numbers - Bed Capacity

Region	# Sites	# Beds
1	-	-
2	2	7
3	17	128
4	10	75
5	1	112
6	6	84
7	6	59

Provides funding assistance to facilities in Hardeman, Obion, Wilson, Madison, Knox, Dyer, Hamilton, Davidson, Lincoln, Warren, and Shelby counties.



# Oxford House Housing Program (OHHP)

- Oxford House International, a nonprofit umbrella organization, develops statewide networks of this kind
- Safe, drug-free, supportive housing options for adults in recovery from substance abuse
- Oxford Houses are self-run, self-supported recovery homes
- Oxford House outreach workers seek, identify, and select appropriate rental housing

By The Numbers - Bed Capacity

Region	# Sites	# Beds
1	21	164
2	27	203
3	21	150
4	30	216
5	8	54
6	11	82
7	17	117

Oxford House locations are carefully selected to ensure access to community, employment opportunities, and transportation.

## Addiction Recovery Program (ARP)

- Transitional housing to support individuals during their drug treatment and/or recovery phase
- Community-based, safe, drug-free housing
- Trained and qualified staff provides included services

By The Numbers - Bed Capacity

Region	# Sites	# Beds
1	3	58
2	5	334
3	4	153
4	9	547
5	9	320
6	6	119
7	12	475

Available services include drug use screening and testing, recovery & relapse prevention skill building, transportation, employment skill building, and health & wellness activities.



## **Supports Transition to Adulthood**

Targets individuals ages 18-25 who transition out of foster care or out of treatment services

### **“Emerging Adults Housing” Component**

Provides safe, quality, and affordable supportive housing with individualized treatment and support services.

### **“Emerge” Component**

A life skills service to increase the development of relevant life skills for functioning in home, school, employment, and community settings.



## **Emerging Adults Services**

Located in Davidson County, Emerging Adults Services provides a comprehensive array of supportive housing and habilitation services for young adults. FY22: 34 individuals served.