


Now I have a
home, how
do I Age
here?

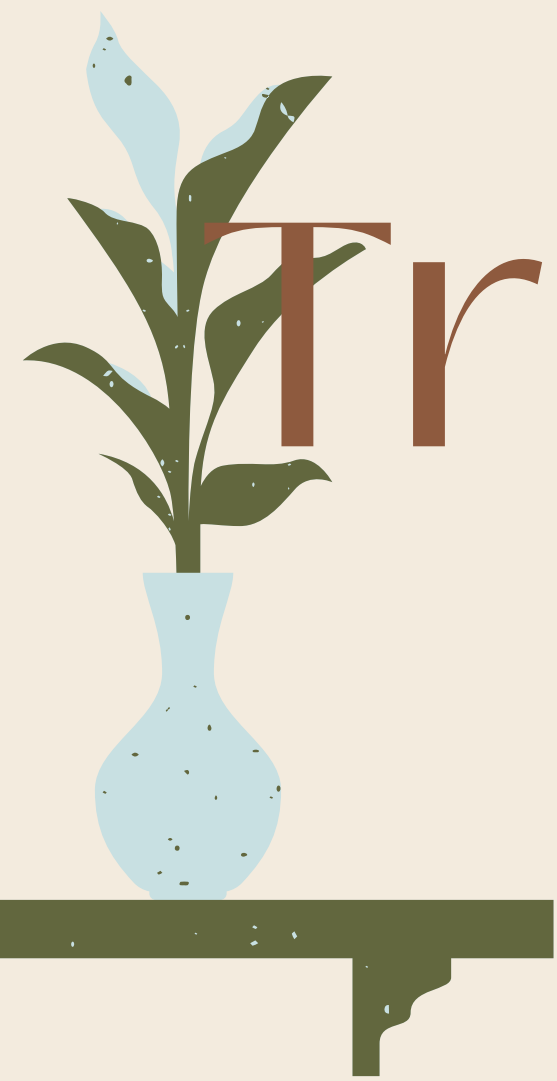
Kim King, Galen Internal
Medicine, Community Resource
Manager





Dorothy said
it best,
“there’s no
place like
Home”!

Lets click our heels like Dorothy, move around...



Aging In Place is Tricky and Expensive



A

Medicare does not pay for care

B

Custodial Services

C

Plan for Debility/Adapting health



Medicare does pay for...

- Part A pays for hospital
- Part B pays for outpatient and some equipment
- Part D pays for medications
- Medicare covers temporary home health
- Medicare covers doctor home visits for homebound
- Short Term rehabilitation/therapy



The background features a stylized living room illustration. On the left, a floor lamp with a blue and white patterned shade stands next to a light blue bookshelf filled with books. A potted plant sits on top of the bookshelf. In the upper center, a floating shelf holds a small plant. On the right, a portion of a pink window frame and a green armchair with an orange cushion are visible.

Medicare does not
pay for
Custodial/permanent
services.

Housekeeping
Meal Prep
Bathing
Assisted Living




Plan for Debilitation

Walk-in shower

Stairs to exit

Stairs inside home

”Hope for the best, plan for the worst”.



Home Modification Help

- Income Based Services for free help
- Lonnnngggg wait list

Neighborhood Helpers
TRAC

Less Expensive Options

- **Bathtub Cutout**
- **Portable wheelchair ramps**



Home Modification Planning

Less Expensive Options

- **Bathtub Cutout**
- **Portable wheelchair
ramps**
- **Grab Bars**



What if I get Permanently disabled and can't...

- Take a bath alone
- Take care of myself
- Get to the grocery store?



Private Duty Home Care/Custodial Services

- In Home Private Duty
Staff starts at \$25/hour
- Assisted Living in a
facility starts at
\$3500/mo



Southeast TN Area Agency on Aging services

- **Meals on Wheels**
- **Housecleaning**
- **Homemakers**
- **Bathing staff**



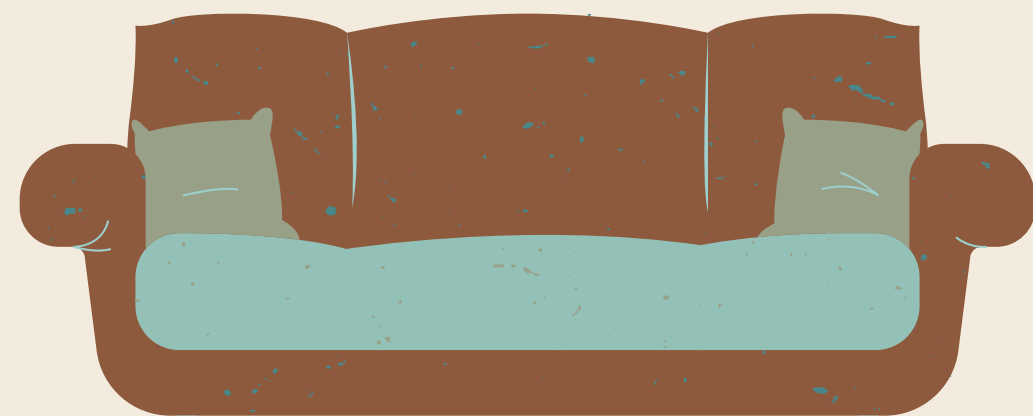
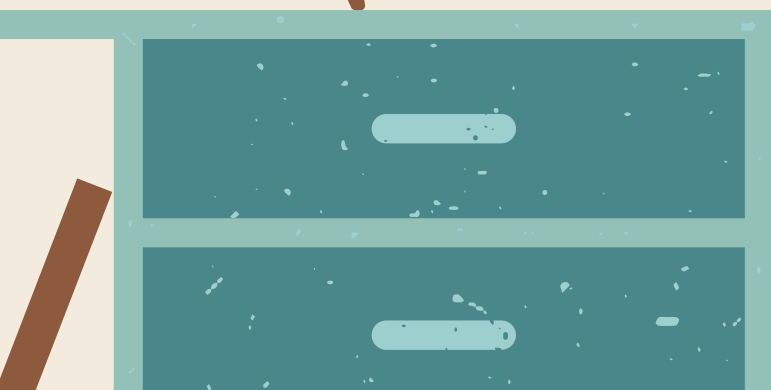
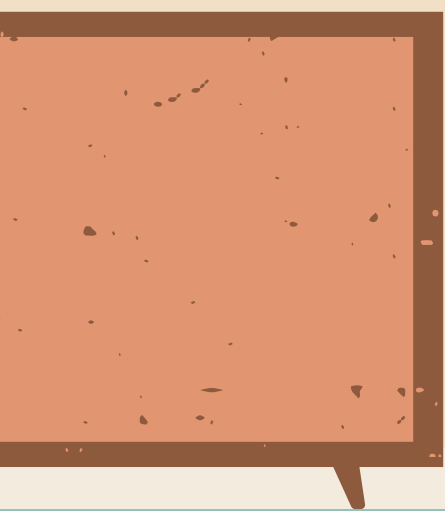
How DO I Use my house to take care of me?

Can the state “take my house”?

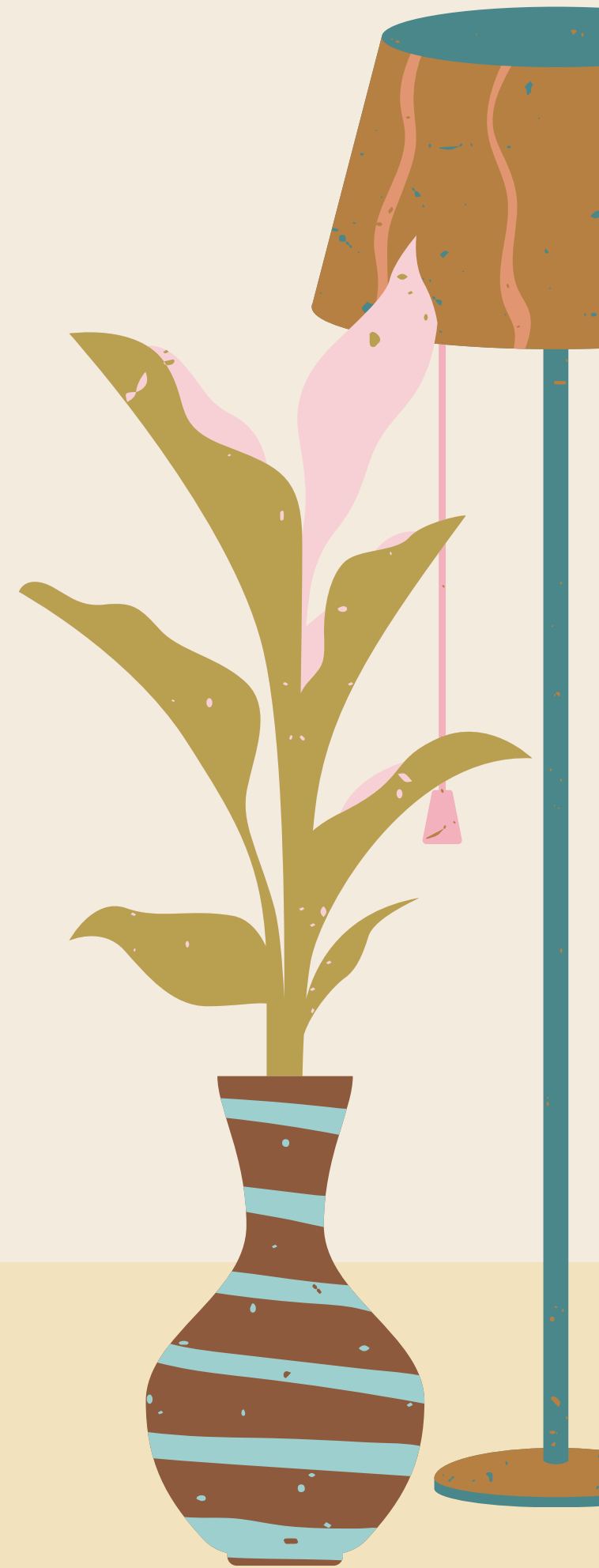
- Long-Term care of individuals who need 24 hour care in a Nursing Home Residence costs \$10,000/month
- In-Home Care with CHOICES/Long Term Medicaid
- Lien on home sale funds
- Caregiver allowable



- Enjoy being HOME!
- Prevent safety issues
- Meet your neighbors and help each other!
- Complete Advanced Care planning with your family
- Know Your insurance benefits



Questions?



Resource Page



- **Area Agency on Aging- 1-866-836-6678**
- **Insurance benefits by calling Customer Service on your card.**
- **TRAC in Hamilton County- 423-892-4774**
- **Neighborhood Helpers Hamilton County area- 423-488-5052**
- **Pathfinders- 1-800-640-4636**
- **Estate Recovery questions- 1-866-389-8444**



